

Volume 11, Issue 39: Make Your Circumstances

What does that even mean? Aren't circumstances things that are out of our control? Can we make circumstances? The dictionary defines the word circumstance as a fact or condition connected with or relevant to an event or action. If that's the case, then I think we can create our circumstances in certain situations.

"People are always blaming their car for what they are," said a character in one of George Bernard Shaw's plays. "I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, they make them."

A majority of people don't think they can look for the circumstances they want, leave alone make them. Yet successful people do it all the time. "The way you make circumstances is by making time for the habits that will create those circumstances. It is called the mundanity of excellence, and it's all about eating the frog," said Mark Batterson.

We can't control the weather, but we can find ways to still have a daily jog or walk even when the weather is unfavorable. We can walk indoors, in the basement parking or on the spot at home. We may have limited control on the work environment we find ourselves in, but we can outwork everyone we find there and make our way to the top, and then change the environment.

By the grace of God, we can control most of our current and future health - how we feel and look by eating sensibly and exercising regularly. By God's grace, we can control our financial future by spending sensibly and saving/investing a good portion of our current income for the future we want.

What circumstances do you want? What habits do you need to inculcate to create those circumstances? What do you need to do over and over again to create the circumstances you want? That's what it means to eat the frog. It's either that or you continue to complain about the unfavorable circumstances you find yourself in.

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For His Glory,

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