

Enjoy Yourself

Written by Lillian Chebosi
Wednesday, 11 January 2023 08:38

Volume 13, Issue 03: Enjoy Yourself

One of the prayers I like making every morning is that "This is the day that the Lord has made. I will rejoice and be glad in it. I will enjoy myself. I will enjoy my husband. I will enjoy my children. I will enjoy my food. I will enjoy my work. I will enjoy my walk and workout. I will enjoy home making. My cheerful heart will fill my day with song."

We have already decided to go all in, in pursuit of our goals this year. Why not do so with gladness of heart? We can be achievers who don't enjoy life. I think that is just sad. We are always getting things done, going the extra mile. We deserve to enjoy ourselves.

Enjoying life isn't automatic. We have to purposefully choose joy every day the same way we choose to go after our goals. And God commands us to enjoy ourselves. The Bible says, "Be cheerful no matter what; pray all the time; thank God no matter what happens. This is the way God wants you who belong to Christ Jesus to live." 1 Thessalonians 5:16-18 MSG.

So don't be all serious or take yourself too seriously as you go about pursuing growth this year. Be joyful and glad. Purpose to find joy in the mundanity of your daily activities. Make room for the things that gladden your heart and put a smile on your face. Pamper yourself every now and then. You certainly deserve it after all the hard work you do. Be a cheerful go-getter this year.

For His Glory,

Lillian Chebosi

Enjoy Yourself

Written by Lillian Chebosi
Wednesday, 11 January 2023 08:38
