## Finish Strong

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This holiday season I once again faced the notion of being sloppy during the holidays when one of my sisters asked me how it is that I was up so early while away on vacation as I shared a scripture with with her as I always do after finishing my morning devotion. This wasn't the first time I had faced this question.

Each of us should have some personal standard practices that we stick with regardless of the season. I remember answering my sister that there are things I don't take vacation from. Some of these things are my time with God and fitness. I don't always get it right, but they are things my mind is made up on and settled.

So, even in the holiday season, determine to finish strong. Don't lose the ground you gained throughout the year just because everyone else is taking it easy. Don't get me wrong, rest hard and enjoy yourself, but stick to your guns on the core things of your life. Just because its the holidays doesn't justify slacking on your disciplines.

Finish 2017 strong and begin 2018 on a high note, with a new determination to soar higher. With God, things can only get better. Life with God is never dormant.

Travel light into 2018, leave behind the baggage of 2017. Don't be stuck in the failures and disappointments of 2017. Shake off the dead weight and look ahead.

Do not settle for the successes and achievements of 2017 either. Be not satisfied with yesterday's high moments. Trust God for higher levels. Raise the bar for yourself and stretch beyond your comfort zone.

2018 is going to be a great year. Its a new beginning. Embrace that. Don't miss out on the opportunities for betterment that come with a new year. Catch your vision for 2018 and run with it.

## **Finish Strong**

No doubt, there will be challenges, but you are stronger and wiser.

Happy 2018!

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